



SCHOOL SPORT ACT

ACT 13 AND OVER TRACK & FIELD CHAMPIONSHIPS

24 September 2024

**AIS Athletics Field
Bruce**

And supported by Capital Athletics

General Information

1. The age of the athlete is their age as at midnight on 31 December of the current year (ie if a student turns 15 on 13 December, they are a 15 year old for purposes of this competition).
2. The following events, by age, are provided:

Age	100	200	400	800	1500	LJ	TJ	SP	HJ	DIS	JAV
13 - 19 Years	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y

3. Students must compete in their own age group. If a student misses the event they have been entered in, they are not permitted to then compete with another age group in that event (eg if a 14 year old misses their 100 metre event, they cannot compete with the 15, 16, etc age groups in the 100 metres).
4. Generally, the field events will be broken into a Girls site and a Boys site.
5. Please note the 18 and 19 years students will be classed as one age group for all events but separate results by age will be produced.
6. In the track events, students must run in the heat and lane assigned to them. They are not, under any circumstances, allowed to switch their heat and/or lane with another student.

Entries

7. All entries are by qualification through the North or South Region Track & Field carnival or the ASC Track & Field Carnival.
8. There are no Substitutions permitted at the ACT 13 & Over Track and Field Championships
9. Requests for Inclusion, available from the Track and Field page of the School Sport ACT website, may be submitted by the school, *not a parent*, in regard to athletes who may have missed their region carnival due to injury, etc. These must be submitted to School Sport ACT no later than 5 working days prior to the date of the carnival. Please note that the form is a Request for Consideration. Submitting the form does not mean that the student is definitely entered to the events nominated.

10. **Change of School:** If a student has competed and qualified with one school then changes schools before the Championships carnival, they are permitted to be added to their new school's Championships entries.

Rules of Competition

11. The 13 & Over Track and Field Championships are conducted in accordance with the extant World Athletics (WA) or World Para Athletics (WPA) Rules of Competition except for the following Local Rules of Competition.

Track Events

12. Students are allowed up to 2 false starts each in each track event.
13. All track events are run "Timed Finals" (ie there are not separate heats and finals). The seeding of students to heats and lanes is based on the performances achieved at the relevant Region carnival.

Field Events

14. The weight specifications for Shot Put, Discus and Javelin implements are:

	Boys			Girls		
	Shot Put	Discus	Javelin	Shot Put	Discus	Javelin
13 Years	3kg	1kg	600gm	3kg	1kg	400gm
14 Years	4kg	1kg	700gm	3kg	1kg	500gm
15 Years	4kg	1kg	700gm	3kg	1kg	500gm
16 Years	5kg	1.5kg	700gm	3kg	1kg	500gm
17 Years	5kg	1.5kg	700gm	3kg	1kg	500gm
18 Years	6kg	1.75kg	800gm	4kg	1kg	600gm
19 Years	6kg	1.75kg	800gm	4kg	1kg	600gm

15. In the Field events, students will have a maximum of three (3) trials only.

Clash of Events

16. The program has been designed to minimise clash of events. However, where a clash of events does occur, track events take precedence. Where this occurs, the student, or a representative, must report to the relevant field event chief and advise them of the clash. Immediately after completing the track event, the student must report directly to the field event and advise the event chief that they are now present.

Marshalling of Events

17. Marshalling times are 15 minutes for track events and 30 minutes for field events. Students will report directly to the nominated marshalling area when the Announcer makes the marshalling call.

Protests Process

18. Where a student or the school team manager disagrees with a decision of the relevant event official, they may approach that official for an explanation as to why the decision was made. If still not satisfied with the decision, they can refer it to the relevant Referee (ie Track Referee, Throws Referee or Jumps Referee).
19. If the decision is in regard to the placings of a track event, a copy of the photo finish image will be provided if requested. If time permits, the school team manager may be invited to view the photo finish image on screen and the Photo Finish operator will explain the technical aspects involved.
20. If still not satisfied with the decision, they can request that a Jury of Appeal be formed to hear a formal Protest. This will comprise the Carnival Convenor, the relevant Referee and a Team Manager from another school not involved in the Protest nor directly affected by it. The formal Protest must be lodged, in writing, within thirty (30) minutes of the results being posted for viewing.
21. The Jury of Appeal will review the written Protest and any relevant material, call and question witnesses and relevant officials before making a decision in regard to the Protest.
22. The Jury of Appeal decision is final and binding on all involved.

Records and Results

23. Results will be available to view on the day in hardcopy on a wall at the venue and made available to Event Coordinators as soon as possible after these Championships. SSACT will be provided with website friendly results to post on the website. 1st, 2nd and 3rd place ribbons will be available for collection by schools by the end of the day.
24. Where a student equals or breaks the record for an event, they will receive a pennant acknowledging this.



SSACT 13 & OVER CHAMPIONSHIPS - PROGRAM OF EVENTS



Session Start Time	GIRLS						BOYS							Para Athletes	
	13 years	14 Years	15 Years	16 years	17 years	18-19 years	13 years	14 Years	15 Years	16 years	17 years	18-19 years			
8:30am	Discus	High Jump	Shot Put	Triple Jump	Long Jump	Javelin	Discus	High Jump	Shot Put	Triple Jump	Long Jump	Javelin	200	Session 1	
8:45am	200	200	200	200	200	200									
9:00am							200	200	200	200	200	200			
9:15am		Discus	High Jump	Shot Put	Triple Jump	Long Jump		Discus	High Jump	Shot Put	Triple Jump	Long Jump	Long Jump	Session 2	
9:30am	800	800	800	800	800	800									
9:45am							800	800	800	800	800	800	800		
10:00am	Long Jump		Discus	High Jump	Javelin	Triple Jump	Long Jump		Discus	High Jump	Javelin	Triple Jump	100	Session 3	
10:15am	100	100	100	100	100	100									
10:30am							100	100	100	100	100	100			
10:45am	Javelin	Long Jump		Discus	High Jump	Shot Put	Javelin	Long Jump		Discus	High Jump	Shot Put			Javelin
11:30am	Shot Put	Triple Jump	Javelin	Long Jump	Discus	High Jump	Shot Put	Triple Jump	Javelin	Long Jump	Discus	High Jump	Shot Put	1500	Session 4
11:45am	1500	1500	1500	1500	1500	1500									
12:00pm							1500	1500	1500	1500	1500	1500			
12:15pm	Triple Jump	Javelin	Long Jump		Shot Put	Discus	Triple Jump	Javelin	Long Jump		Shot Put	Discus	Discus		
12:45pm	100 Metre Gift												400 Metres	Session 5	
1:15pm	High Jump	Shot Put	Triple Jump	Javelin			High Jump	Shot Put	Triple Jump	Javelin					
1:30pm	400	400	400	400	400	400									
1:45pm							400	400	400	400	400	400			

