

## 12&U and 13&O ACT Championships

Age groups are based on the age students are turning in in this school year of competition.

All starting times are approximate, and students and Team Managers should listen to calls for each race.

Start times to be adjusted for when Championship starts.

E.g. 1<sup>st</sup> race = 10:30am then 10<sup>th</sup> race starts at 11:50am

| 9.15am Volunteer Officials meet with Chief Marshal (AACT)  |            |   |        |          |                       |   |
|--|------------|---|--------|----------|-----------------------|---|
| 9.30am Course set up finalised   |            |   |        |          |                       |   |
| 9.40am Warm Up Period as course walk not required  |            |   |        |          |                       |   |
| 10.10am Conclusion of Warm Up Period (students to leave course and return to school/Region area) |            |   |        |          |                       |   |
| Race Number  | Start time | Age Group   | Gender | Distance | Laps Used             | Estimated finish time for bulk of the field |
| 1  | 10.30      | 10<br>(Inc. all 10, 11 and 12 Multi-Class Athletes) | Boys   | 2km      | 1 x 2km               | 10:37-10:41                                 |
| 2  | 10:35      | 10<br>(Inc. all 10, 11 and 12 Multi-Class Athletes) | Girls  | 2km      | 1 x 2km               | 10:42-10:46                                 |
| 3  | 10:50      | 8<br>(including Multi-Class)                        | Boys   | 1km      | 1 x 1km               | 10:54-10:56                                 |
| 4  | 10:55      | 8<br>(including Multi-Class)                        | Girls  | 1km      | 1 x 1km               | 10:59-11:01                                 |
| 5  | 11:05      | 9<br>(including Multi-Class)                        | Boys   | 1500m    | 1 x 1.5km             | 11:10-11:12                                 |
| 6  | 11:10      | 9<br>(including Multi-Class)                        | Girls  | 1500m    | 1 x 1.5km             | 11:15-11:17                                 |
| 7  | 11:20      | 11  | Boys   | 3km      | 2 x 1.5km             | 11:31-11:35                                 |
| 8  | 11:30      | 11  | Girls  | 3km      | 2 x 1.5km             | 11:41-11:45                                 |
| 9  | 11.40      | 12 Primary and Secondary                            | Boys   | 3km      | 2 x 1.5km             | 11:51-11:55                                 |
| 10   | 11:50      | 12 Primary and Secondary                            | Girls  | 3km      | 2 x 1.5km             | 12:01-12:05                                 |
| 12.10pm Warm Up Period for Secondary students as course walk not required                        |            |   |        |          |                       |   |
| 12.25pm Conclusion of Warm Up Period (students to leave course and return to school/Region area) |            |   |        |          |                       |   |
| 11   | 12.35      | 13<br>(Inc. all 14, 15, 16, 17, 18 MC athletes)     | Boys   | 3km      | 2 x 1.5km             | 12:45-12:49                                 |
| 12   | 12.45      | 13<br>(Inc. all 14, 15, 16, 17, 18 MC athletes)     | Girls  | 3km      | 2 x 1.5km             | 12:55-12:59                                 |
| 13   | 12.55      | 14  | Boys   | 4km      | 1 x 1.5km + 1 x 2.5km | 1:08-1:15                                   |
| 14   | 1:05       | 14  | Girls  | 4km      | 1 x 1.5km + 1 x 2.5km | 1:21-1:25                                   |
| 15   | 1:15       | 15  | Boys   | 4km      | 1 x 1.5km + 1 x 2.5km | 1:28-1:32                                   |
| 16   | 1:25       | 15  | Girls  | 4km      | 1 x 1.5km + 1 x 2.5km | 1:38-1:42                                   |
| 17   | 1:35       | 16/17/18 Combined                                   | Boys   | 6km      | 1 x 1km + 2 x 2.5km   | 1:55-2:00                                   |
| 18   | 1.50       | 16/17/18 Combined                                   | Girls  | 4km      | 1 x 1.5km + 1 x 2.5km | 2:03-2:08                                   |