

SCHOOL SPORT ACT
13&O SWIMMING CHAMPIONSHIPS PROGRAM OF EVENTS
THURSDAY 9 MAY 2024 AT AIS POOL

Warm Up from 8.30am, Program commences at 9.15am

13 to 19 Years					
Boys	Girls	Age	Event	Qualifying time	
				Boys	Girls
53	54	13 -19	50m freestyle MC		
55	56	13	50m freestyle	39.00	41.00
57	58	14	50m freestyle	37.00	40.00
59	60	15	50m freestyle	37.00	40.00
61	62	16	50m freestyle	36.00	40.00
63	64	17 - 19	50m freestyle		
65	66	13 - 19	200m IM MC		
67	68	13 - 14	200m IM	3:26.00	3:34.00
69	70	15 - 16	200m IM	3:12.00	3:12.00
71	72	17 - 19	200m IM		
73	74	13 - 14	100m backstroke	1:36.00	1:38.00
75	76	15 - 16	100m backstroke	1:29.00	1:39.00
77	78	17 - 19	100m backstroke		
79	80	13 - 19	50m butterfly MC		
81	82	13 - 14	50m butterfly	42.00	44.00
83	84	15 - 16	50m butterfly	42.00	44.00
85	86	17 - 19	50m butterfly		
87	88	13 - 19	100m freestyle MC		
89	90	13	100m freestyle	1:22.00	1:26.00
91	92	14	100m freestyle	1:19.00	1:25.00
93	94	15	100m freestyle	1:18.00	1:24.00
95	96	16	100m freestyle	1:18.00	1:24.00
97	98	17 - 19	100m freestyle		
99	100	13 - 19	50m breaststroke MC		
101	102	13 - 14	50m breaststroke	53.00	53.00
103	104	15 - 16	50m breaststroke	53.00	53.00
105	106	17 - 19	50m breaststroke		
107	108	13 - 14	100m butterfly	1:33.00	1:37.00
109	110	15 - 16	100m butterfly	1:26.00	1:34.00
111	112	17 - 19	100m butterfly		
113	114	13 - 19	50m backstroke MC		
115	116	13 - 14	50m backstroke	46.00	46.00
117	118	15 - 16	50m backstroke	46.00	46.00
119	120	17 - 19	50m backstroke		
121	122	13 - 14	100m breaststroke	1:52.00	1:55.00
123	124	15 - 16	100m breaststroke	1:43.00	1:54.00
125	126	17 - 19	100m breaststroke		
127	128	13 - 14	200m freestyle	3:03.00	3:08.00
129	130	15 - 16	200m freestyle	2:49.00	3:03.00
131	132	17 - 19	200m freestyle		

Unable to compete at the Regional Carnival: If a swimmer was unable to compete at the Regional Carnival and has an official long course personal best time faster than the **13&O ACT Championships Qualifying Time as shown on the 13&O Swimming Championship Program**, they may apply for inclusion to compete in the ACT Swimming Championships. Subject to the availability of vacant lanes and the ranking of the times of other eligible swimmers, these swimmers may be granted inclusion to swim at the ACT Championships.

Request for Inclusion in the ACT 13&O Swimming Championships 2024 form is available on the School Sport ACT website and must be submitted to eo@schoolsportact.org.au by the student's school no later than 4pm Tuesday 30 April 2024.