

# School Sport ACT e-Bulletin

February 1<sup>st</sup> 2023 – Issue #1



*This bulletin is collated by School Sport ACT and is targeted towards ACT school teachers and students.*

*In this Bulletin;*

*Upcoming  
Regional Events*

*Community Sport  
Programs &  
Opportunities*

## School Sport ACT Upcoming Regional Events

ACT Secondary Tennis Boys and Girls (entry Criteria for SSACT team)

Date: 21 February 2023

Venue: Canberra Tennis Centre

Contact: [michael.bruen@Tennis.com.au](mailto:michael.bruen@Tennis.com.au)

## School Sport ACT Notices

School Sport ACT 2023 Calendar of Events is accessible on the SSACT website home page <https://schoolsportact.org.au/> and the Sports specific pages have also been updated for the new year with the information provided to us late Term 4.

### **REMINDER:**

SSACT Mandatory School Sport Coordinator/Event Coordinator Info Session (updated time due to eased room capacity restrictions)

Date: Wednesday 15 February

Venue: Hall (upstairs), Hedley Beare Centre for Teaching and Learning, 51 Fremantle Drive Stirling

Time:

- 9.30 – 11.00am **All School Sport Coordinators**  
(9.30 – 10.30 SSACT Pres, 10.30 – 11am Regional Committees)
- 11 – 11.30am **Event Coordinators appointed to SSACT Regional Events** as provided on Regional Roster

If this is reaching you and you are no longer the Sports Coordinator for your school in 2023, please let us know and forward this email onto your replacement and provide them with a supportive handover before this info session.

### **SSACT Team Official appointments:**

If you were a team official in 2022 and are intending to return, please email Liz by Friday, 3<sup>rd</sup> February. Any roles that have not been confirmed, will be advertised as vacant as of Friday, 3<sup>rd</sup> February 2023.

## Community Sport Programs and Opportunities

### Orienteering ACT

Starting Thursday 2nd of March for 4 weeks, SC-ORE heads to south Canberra for another exciting series to work those bodies and brains.

All Students in years 3 to 6 from Canberra and surrounds are welcome to participate.

Get an outdoor, body and brain workout **before** hitting the classroom. What better way to start the day!

#### AUTUMN SC-ORE ENTRIES ARE NOW OPEN

*... If you are super keen and SC-ORE is not enough, you can also check out Track O Tack further down this email ...*

SC-ORE is for teams of 2 girls and 2 boys. Teams can register incrementally - that is, register your child, then encourage friends to sign up. Not all team members need to sign up at the same time. If your team is a member short, we will try to find a "spare" to complete your team.

#### VENUES

2 March	To be confirmed
9 March	Chapman Primary School (Chapman)
16 March	Trinity Christian School (Wanniassa)
23 March	Holy Family Primary School (Fadden)

Parents and carers are responsible for completing their child/children's entries online.

There is no expectation on schools or teachers to organise any aspect of students' attendance.

Parents or responsible guardians have duty of care including the responsibility to bring the children to and from the venues. (Car pooling is recommended.)

The children are expected to be at the venue at 7:45am for briefing and an 8am start.

Events will finish in time for children to get to school (more or less on time).

-SUPER KEEN for MORE Orienteering?

If you are keen to learn more about orienteering before SC-ORE starts, you can join us at TRACK O TACK.

Wednesday afternoons at 4.30pm for 5 weeks in term 1. Starts 1st of February.

Track O Tack is suitable for kids and their families who have given Orienteering a go, and want MORE!

For more information about SC-ORE visit [Orienteering ACT](#)

Or go straight to [RegisterNow](#) to enter SC-ORE online.

Entries close 24 February 2023.

[Orienteering ACT](#) has more information about orienteering and where you can do orienteering in the ACT.

*This is not a SSACT event/program and is solely the responsibility of the advertising organisation listed.*

## **APOLA**

**APOLA (Australian Pool and Ocean Lifeguard Association) upcoming P.L. Courses for ACT Teachers.**

Courses conducted by Paul Andrews (Former ACT PE Teacher) (M) 0438 697 855 (E) [sabrepaul8@gmail.com](mailto:sabrepaul8@gmail.com)

Course 1: **School Surfing Supervisor Award (SSSA)**

Date: **Wednesday 8th February, 2023.**

Time: **10.00am - 12 noon.**

Location: **North Broulee Beach** (meet at Amenities Block near Candlagan Creek).

Cost: \$44.00 (Schools will be invoiced).

***PLEASE NOTE: This SSSA Course on Wednesday 8th February, 2023 is replacing the SSSA Course advertised on the APOLA Website Calendar for Wednesday 15th February, 2023.***

**Other SSSA Courses scheduled for Term 4 are:**

Course 2: **Tuesday 21st November, 2023.**

Venue/Time: **Mollymook Beach from 4.00pm - 6.00pm.**

Course 3: **Wednesday 22nd November, 2023.**

Venue/Time: **North Broulee Beach from 10.00am - 12 noon.**

Course 4: **Thursday 23rd November, 2023.**

Venue/Time: **Tathra Beach from 2.00pm - 4.00pm.**

Course 5: **Wednesday 6th December, 2023.**

Venue/Time: **Mollymook Beach from 2.00pm - 4.00pm.**

Course 6: **There will be a day in the last week of term 4 for ACT Teachers.**

Venue/Time: **Date/Time TBC at North Broulee Beach.**

**Participants will need to contact John Andrews (APOLA Secretary/Treasurer) via email or phone to book in for these courses.**

**Email [info@apola.asn.au](mailto:info@apola.asn.au) Mobile 0408 855 267 Web [www.apola.com.au](http://www.apola.com.au)**

**John will then email you 1) Course Confirmation and 2) the now combined SSSA Registration and RPL Form.**

The RPL component records 1) current qualifications in emergency care and cardio-pulmonary resuscitation such as Provide CPR or higher levels such as Provide First Aid from an accredited provider and 2) Record of completion of a 400m pool swim in less than 9 minutes.

This Registration/RPL Form needs to be completed, signed and submitted at the commencement of the SSSA Course.

You will then only need to complete the one page Theory Paper before commencing the practical components.

If you require any further details about the relevant SSSA Courses, please feel free to contact the Course Presenter;

Paul Andrews via (E) [sabrepaul8@gmail.com](mailto:sabrepaul8@gmail.com) or (M) 0438 697 855

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## World Cross Country

### Schools Challenge

The World Athletics Cross Country Championships Bathurst 23 is a coming together of the athletic world, and schools from across Australia will descend on Mount Panorama. The Schools Challenge is a fantastic opportunity to represent and promote your school and students on the world stage! There'll be no greater thrill than running on the Official World Championship course at Mount Panorama. This is a once in a lifetime chance to create your own cross country history for your school. The Schools Challenge is on in Bathurst on February 17, 2023. Entries are now open, so don't delay!

**DATE** Friday, February 17, 2023

**TIME** 10.20am – 12.50pm

**DISTANCE** Distances range from 2km – 6km, depending on age groups

**DIVISIONS** 10/11/12 yrs (2km) 13yrs (3km), 14-17 yrs (4km) 18/19 yrs (6km)

**COURSE** Official World Championship Course

**ENTRY FEES** General Entry - \$20; Late Entry \$30

**ENTRIES CLOSE** 5pm Thursday February 16, 2023

To register, please scan the QR code:



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### ACHPER

The Education Directorate is working with ACHPER to facilitate a TQI accredited PL on the key changes of the Australian Curriculum.

Join us to explore the key changes in the revised Australian Curriculum: Health and Physical Education v9.0, released in April 2022.

Designed for ACT teachers, this series of sessions will cover:

- Curriculum changes and considerations for practice
- Sexuality, consent and respectful relationships education
- Reimagining physical education to engage all students
- Reviewing and revising current programs and assessment plans.

This will be a three-part event:

#### **Session 1: full day, face-to-face workshop**

- Key content changes related to respectful relationships and consent education and implications for teaching practices
- Best practice research on teaching PE in order to engage all students and reduce physical inactivity among students
- Introduction to backward mapping programming process for unit design
- Designing teaching and learning sequences.

### **Session 2: Collaborative programming workshop – live online**

- Refining planned teaching and learning activities using the UDL framework to ensure inclusion.

### **Session 3: Collaborative programming workshop – live online**

- Assessment judgements based on observations and artefacts collected during the teaching and learning process.

#### **Details**

- **Session 1:** 27th February 2023, 9am-3pm – face to face.
  - Hedley Beare Centre for Teaching and Learning, 51 Fremantle Drive, Stirling. ACT
- **Session 2:** 2nd May 2023, 2-4.30pm – live online
- **Session 3:** 30th May 2023, 2-4.30pm – live online

**Registrations close:** 20 February 2023

**Cost:** Members \$120, Non-members \$160

**Who should attend?** Teachers and/or coordinators of K-10 HPE

**For further information, please visit:**

<https://www.achperns.w.com.au/event/revised-australian-curriculum-act/>

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