

**2024 SCHOOL SPORT ACT
12&U SWIMMING CHAMPIONSHIPS
PROGRAM OF EVENTS
TUESDAY 7 MAY AT AIS POOL**

Warm Up from 8.30am, Program commences at 9.15am

8-12 Years					
Boys	Girls	Age	Event	Qualifying Times	
				Boys	Girls
1	2	10	200 IM	4:05.00	4:07.00
3	4	11	200 IM	3:53.00	3:53.00
5	6	12	200 IM	3:41.00	3:41.00
7	8	10-12	100m Freestyle MC		
9	10	8	50m Freestyle	1:00.00	1:00.00
11	12	9	50m Freestyle	55.00	55.00
13	14	10	50m Freestyle	46.00	47.00
15	16	11	50m Freestyle	44.00	44.00
17	18	12	50m Freestyle	42.00	42.00
19	20	10-12	50m Freestyle MC		
21	22	10-12	100m Freestyle	1:40.00	1:40.00
15-Minute Break					
23	24	10-12	100m Breaststroke	2:00.00	2:00.00
25	26	10, 9 and 8	50m Butterfly	1:00.00	1:00.00 (9s 1.05.00) (8s 1.10.00)
27	38	11	50m Butterfly	55.00	55.00 (9s 1.00.00) (8s 1.05.00)
29	30	12	50m Butterfly	50.00	50.00 (9s 55.00) (8s 1.00.00)
31	32	10-12	50m Backstroke MC		
33	34	10-12	100m Backstroke	1:50.00	1:50.00
35	36	10, 9 and 8	50m Breaststroke	1:03.00	1:03.00 (9s 1.08.00) (8s 1.13.00)
37	38	11	50m Breaststroke	1:00.00	1:00.00
39	40	12	50m Breaststroke	57.00	57.00
41	42	10-12	50m Breaststroke MC		
43	44	10-12	100m Butterfly	1:50.00	1:50.00
45	46	10, 9 and 8	50m Backstroke	54.00	53.00 (9s 58.00) (8s 1.03.00)
47	48	11	50m Backstroke	52.00	51.00
49	50	12	50m Backstroke	50.00	49.00
51	52	10-12	200m Freestyle	3:13.00	3:16.00

Notes:

- Each swimmer may compete in a maximum of seven (7) events.
- Events listed for 10, 9 and 8 Year olds (25, 26, 35, 36, 45 and 46) will be combined due to low participant numbers, but separate times and places will be maintained for each age group.
- 200 IM and 200m Freestyle - up to four (4) competitors in each age group (10, 11, 12 years) from direct entries received – Entry Form must be submitted by the school no later than 27 April, found in Teacher Resources section of the website.
- 100 Freestyle and Form Strokes: up to four (4) competitors from each regional carnival in each age group, 10, 11, 12 years, i.e. a maximum of 12 swimmers from combined 10-12 years events.
- Five (5) swimmers from each regional carnival for the 50 metre Freestyle events and four (4) in the Form 50 metre events.
- Swimmers must achieve the qualifying time in order to swim at the ACT School Swimming Championships.

If a swimmer was unable to compete at the Regional Carnival and has an official long course personal best time faster than the **Championships Qualifying Time** they may apply for consideration to compete in these Championships. Subject to the availability of vacant lanes and the ranking of the times of other eligible swimmers, these swimmers may be invited to swim at the ACT School Swimming Championships.

*Applications are to be made on the **Request for Inclusion in the ACT 12&U Swimming Championships 2024** which is available on the School Sport ACT website and must be submitted to eo@schoolsportact.org.au no later than **Friday 12 April 2024**.*