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ACT Sport Bulletin #10 - 04 November 2020

SCHOOL SPORT ACT BULLETIN



This bulletin is collated by School Sport ACT and is targeted towards ACT school aged children. It will include: SSACT trials, competitions/events from sport organisations, professional learning and funding opportunities for schools & teachers.



schoolsport

ACT

**School Sport ACT
Calendar**

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Community Sport Information & Opportunity.

Triathlon for kids.

Little T's Events will provide kids aged 7-13 years the opportunity to participate in triathlon on a regular basis in the amazing facilities at the Stromlo Leisure Centre and Stromlo Forest Park. The event aims to bring more school kids into the sport of triathlon and for them to have their own event, encouraging a healthy, active and fun lifestyle from an early age. It doesn't matter your ability as it is fun for all levels. However we strongly advise that your child can swim 25m.

Registrations for Race 2 are now open and spots are limited due to COVID restrictions.

Race 2 will be on Saturday, 14 November 2020 from 12.30pm to 3.30pm.

For further information, please visit www.littlesevents.com.au

You can prepare for the events by joining the Little T's Triathlon Program which is a fun training program that introduces kids to the sport. It is the only kids triathlon program in Canberra and Little T's gives them the opportunity to develop and learn a range of basic motor skills which can benefit their other sports. For further information, please visit www.performancetri.com.

This is not a SSACT event/program and is solely the responsibility of the advertising organisation listed

APOLA School Surfing Supervisor Award Course

Several APOLA SSSA courses coming up in term 4 that will allow teachers to supervise students engaged in surfing activities. The SSSA is a qualification that is outlined in the AC Department's Outdoor Adventure Activities Policy and Mandatory Procedures.

Courses will be conducted by Paul Andrews 0438 697 855 or sabrepaul08@gmail.com

Course 1: Tuesday, 24 November 2020 Time: 3.30pm to 5.30pm Location: Mollymook Beach (meet at Mollymook Surf Club) Cost: \$44.00 (Schools will be invoiced)

Course 2: Wednesday, 25 November 2020 Time: 10.00am to 12.00pm Location: North Broulee Beach (meet at the Amenities Block near Candalagan Creek) Cost: \$44.00 (Schools will be invoiced)

Course 3: Wednesday, 9 December 2020 Time: 2.00pm to 4.00pm Location: Mollymook Beach (meet at Mollymook Surf Club) Cost: \$44.00 (Schools will be invoiced)

Course 4: Wednesday, 16 December 2020 Time: 10.00am to 12.00pm Location: North Broulee Beach (meet at the Amenities Block near Candalagan Creek) Cost: \$44.00 (Schools will be invoiced)

Note: there will also be a SSSA course held in Term 1, 2021 to cater for new teachers to the ACT and anyone who could not attend the respective courses in Term 4, 2020. Date: Wednesday, 10 February 2020 Time: 10.00am to 12.00pm Location: North Broulee Beach (meet at the Amenities Block near Candalagan Creek) Cost: \$44.00 (Schools will be invoiced)

Participants will need to contact John Andrews to book via info@apola.asn.au or 0408 855 267 or visit www.apola.com.au

Note: as a pre-requisite, teachers must use the provided RPL form prior to the APOLA SSSA Inservice to record evidence of Perform CPR/Provide CPR or a higher level award such as current Apply First Aid/Provide First Aid and a record of completion of a 400m pool swim in a time less than 9 min. The RPL form must be signed by a School Principal/Sports Organiser/Faculty Head or an APOLA assessor and workplace trainer. The RPL form can be downloaded from the APOLA website.

This is not a SSACT event/program and is solely the responsibility of the advertising organisation listed

Orienteering ACT

Starting 22 October for 4 weeks, SC-ORE heads to Lake Ginninderra Park and Black Mountain Peninsula for another exciting series to work those bodies and brains. All students in years 3-6 from Canberra and surrounds are welcome to participate.

SC-ORE is for teams of 2 girls and 2 boys. Teams can register incrementally (not all team members need to sign up at the same time. If you are short a member, we will find a 'spare' to complete your team.

Venues, Thursday mornings:

- 5 November Black Mountain Peninsula

- 12 November Black Mountain Peninsula

Parents are responsible for completing their own entries online. There is no expectation on schools or teachers to organise any aspect of students' attendance.

Children are required to be taken to the separate venues by parents or responsible guardians by 7.45am for an 8am start (7.40am for the first week).

You can register here: [Register Now](#)

Please note registrations close, 16 October 2020

This is not a SSACT event/program and is solely the responsibility of the advertising organisation listed

Tennis ACT

ANZ Tennis Hot Shots Regional Gala Days – Year 3 & 4 Competition

Tennis ACT is pleased to offer a pathway for students to participate in tennis during primary school. The year 3 & 4 competition uses modified equipment, numeric coring and mix gendered teams. **Due to COVID-19 restrictions, entry into the Regional Gala Days is capped at the first four schools to enter 2 teams as the maximum number of students at each Regional Gala Day is 80.** Schools can enter a maximum of 10 students per team, which includes two reserve players. Entries are now open.

North/Gungahlin Gala Day – Tuesday 10 November, Term 4 Week 5 - Gold Creek School – [Entry Link](#)

Belconnen Gala Day – Thursday 12 November, Term 4 Week 5 - Belconnen Tennis Club – [Entry Link](#)

ACT Final – Friday 20 November – Canberra Tennis Centre - The 1st and 2nd placing team from each Gala Day (8 teams) will progress onto the final.

Upcoming Events

Tennis ACT Sth/Weston PS 3/4 Day	When: 05 November Contact: Tennis ACT
NRL Secondary Alan Tongue Cup 9's Female	When: 05 November Contact: Rugby League ACT
Cricket ACT Woolworths Blast PS Tuggeranong 5/6 Boys	When: 05 November Contact: Cricket ACT
ACT Secondary Schools Climbing Competition	When: 06 November
Cricket ACT Woolworths Blast PS Tuggeranong 5/6 Girls	When: 06 November Contact: Cricket ACT
Touch Football ACT Secondary 7/8 Girls - Deakin	When: 09 November Contact: Touch Football ACT
Tennis ACT Nth/Gungahlin Primary 3/4 Day	When: 10 November Contact: Tennis ACT
Touch Football ACT Secondary 7/8 Boys - Deakin	When: 10 November Contact: Touch Football ACT
Touch Football ACT Secondary 9/10 Girls - Deakin	When: 11 November Contact: Touch Football ACT
Tennis ACT Belconnen Primary 3/4 Day	When: 12 November Contact: Tennis ACT
Touch Football ACT Secondary 9/10 Boys - Deakin	When: 12 November Contact: Touch Football ACT
Brumbies Touch 7s Yrs 3/4 + 5/6 Gala Day	When: 13 November Contact: Touch Football ACT
Table Tennis ACT Secondary School Champs Yrs 9/10 + Para - Greenway	When: 17 November Contact: Table Tennis ACT
Table Tennis ACT Secondary School Champs Yrs 7/8 - Greenway	When: 18 November Contact: Table Tennis ACT
Tennis ACT Primary 3/4 Finals Day	When: 20 November Contact: Tennis ACT



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