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ACT Sport Bulletin #9 - 14 October 2020

## SCHOOL SPORT ACT BULLETIN



*This bulletin is collated by School Sport ACT and is targeted towards ACT school aged children. It will include: SSACT trials, competitions/events from sport organisations, professional learning and funding opportunities for schools & teachers.*



### **schoolsport**

ACT

**School Sport ACT  
Calendar**

[More info](#)

## Community Sport Information & Opportunity.

### **APOLA School Surfing Supervisor Award Course**

Several APOLA SSSA courses coming up in term 4 that will allow teachers to supervise students engaged in surfing activities. The SSSA is a qualification that is outlined in the AC Department's Outdoor Adventure Activities Policy and Mandatory Procedures.

**Courses will be conducted by Paul Andrews 0438 697 855 or [sabrepaul08@gmail.com](mailto:sabrepaul08@gmail.com)**

**Course 1:** Tuesday, 24 November 2020 Time: 3.30pm to 5.30pm Location: Mollmook Beach (meet at Mollmook Surf Club) Cost: \$44.00 (Schools will be invoiced)

**Course 2:** Wednesday, 25 November 2020 Time: 10.00am to 12.00pm Location: North Broulee Beach (meet at the Amenities Block near Candalagan Creek) Cost: \$44.00 (Schools will be invoiced)

**Course 3:** Wednesday, 9 December 2020 Time: 2.00pm to 4.00pm Location: Mollmook Beach (meet at Mollmook Surf Club) Cost: \$44.00 (Schools will be invoiced)

**Course 4:** Wednesday, 16 December 2020 Time: 10.00am to 12.00pm Location: North Broulee Beach (meet at the Amenities Block near Candalagan Creek) Cost: \$44.00 (Schools will be invoiced)

**Note:** there will also be a SSSA course held in Term 1, 2021 to cater for new teachers to the ACT and anyone who could not attend the respective courses in Term 4, 2020. Date: Wednesday, 10 February 2020 Time: 10.00am to 12.00pm Location: North Broulee Beach (meet at the Amenities Block near Candalagan Creek) Cost: \$44.00 (Schools will be invoiced)

**Participants will need to contact John Andrews to book via [info@apola.asn.au](mailto:info@apola.asn.au) or 0408 855 267 or visit [www.apola.com.au](http://www.apola.com.au)**

**Note:** as a pre-requisite, teachers must use the provided RPL form prior to the APOLA SSSA Inservice to record evidence of Perform CPR/Provide CPR or a higher level award such as current Apply First Aid/Provide First Aid and a record of completion of a 400m pool swim in a time less than 9 min. The RPL form must be signed by a School Principal/Sports Organiser/Faculty Head or an APOLA assessor and workplace trainer. The RPL form can be downloaded from the APOLA website.

*This is not a SSACT event/program and is solely the responsibility of the advertising organisation listed*

### **Orienteering ACT**

Starting 22 October for 4 weeks, SC-ORE heads to Lake Ginninderra Park and Black Mountain Peninsula for another exciting series to work those bodies and brains. All students in years 3-6 from Canberra and surrounds are welcome to participate.

SC-ORE is for teams of 2 girls and 2 boys. Teams can register incrementally (not all team members need to sign up at the same time. If you are short a member, we will find a 'spare' to complete your team.

Venues, Thursday mornings:

- 22 October Lake Ginninderra (Western Foreshore, western side of the lake)

- 29 October Lake Ginninderra (Western Foreshore, western side of the lake)

- 5 November Black Mountain Peninsula

- 12 November Black Mountain Peninsula

Parents are responsible for completing their own entries online. There is no expectation on schools or teachers to organise any aspect of students' attendance.

Children are required to be taken to the separate venues by parents or responsible guardians by 7.45am for an 8am start (7.40am for the first week).

You can register here: [Register Now](#)

Please note registrations close, 16 October 2020

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### **Rowing ACT**

Do you have what it takes to be Australia's next best rower? Rowing ACT and the ACT Academy of Sport (ACTAS) are looking for you!

Targeted at athletes aged 13-17, come along to try your hand at one of Australia's most successful Olympic Sports. Para-rowing opportunities are also available.

Testing will take place on Saturday, 17 October 2020 from 11 am to 1 pm and Sunday, 18 October 2020 from 9 am to 11 am. Para-rowing testing will be on Sunday, 18 October 2020 from 11 am to 1 pm.

Give it a go!

Register here: <http://rowingact.org.au/talent-identification/>

For further information, please contact [ractpathways@gmail.com](mailto:ractpathways@gmail.com)

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### **Tennis ACT**

#### **ANZ Tennis Hot Shots Regional Gala Days – Year 3 & 4 Competition**

Tennis ACT is pleased to offer a pathway for students to participate in tennis during primary school. The year 3 & 4 competition uses modified equipment, numeric coring and mix gendered teams. **Due to COVID-19 restrictions, entry into the Regional Gala Days is capped at the first four schools to enter 2 teams as the maximum number of students at each Regional Gala Day is 80.** Schools can enter a maximum of 10 students per team, which includes two reserve players. Entries are now open.

Tuggeranong Gala Day – Tuesday 3 November, Term 4 Week 4 – The Pines Tennis Club – [Entry Link](#)

South/Weston Gala Day – Thursday 5 November, Term 4 Week 4 – TBC – [Entry Link](#)

North/Gungahlin Gala Day – Tuesday 10 November, Term 4 Week 5 - Gold Creek School – [Entry Link](#)

Belconnen Gala Day – Thursday 12 November, Term 4 Week 5 - Belconnen Tennis Club – [Entry Link](#)

ACT Final – Friday 20 November – Canberra Tennis Centre - The 1st and 2nd placing team from each Gala Day (8 teams) will progress onto the final.

For more information please [click here](#) to visit the Tennis ACT website.

which uses modified equipment, numeric scoring and mixed gender teams for students of all skill levels to enjoy. **Due to COVID-19 restrictions, schools are able to enter up to 5 teams – 20 students in total as the maximum number of students at the event is 80.**

**Date:** Friday 30 October 2020 (Week 3, Term 4)

**Entries Close:** Monday 26 October 2020 (Week 3, Term 4)

**Venue:** Canberra Tennis Centre, Lyneham

**Time:** 9:30am – 2:30pm

For more information please [click here](#) to visit the Tennis ACT website.

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**Athletics ACT - Emerging Athlete Program (EAP)**

Athletics ACT is excited to be running a new state-based development program in season 2020/21 to better identify and develop the young, emerging athletic talent in our region. The program will bring together athletes who have shown performance potential in ACT schools competition and athletes from other sports that may show an aptitude to perform strongly as T+F athletes.

By identifying and engaging ACT's best junior athletes and coaches through development and education opportunities, the EAP aims to encourage athletes and coaches to achieve their potential in athletics and in their other chosen sports:

- be the early identification element of the ACT performance pathway, and

- motivate and improve the best young athletes in each state through coach led training and education session by inviting them to be part of a state level development squad

For further information, please visit <https://www.athleticsact.org.au/news/athletics-act-announces-emerging-athlete-program/> or contact Matt at [development@actlaa.org.au](mailto:development@actlaa.org.au)

**Upcoming Events**

Touch Football ACT Primary 5/6 Mixed Days North/Gungahlin and South/Weston (2 venues)	When: 19 October Contact: Touch Football ACT
Touch Football ACT Primary 5/6 Mixed Days Tuggeranong and Belconnen	When: 20 October Contact: Touch Football ACT
Cricket ACT Woolworths Blast Schools Cup High School Boys	When: 21 October Contact: Cricket ACT
Touch Football ACT Primary 5/6 Mixed Days North/Gungahlin and South/Weston	When: 21 October Contact: Touch Football ACT
Touch Football ACT Primary 5/6 Mixed Days Tuggeranong and Belconnen	When: 22 October Contact: Touch Football ACT
Cricket ACT Woolworths Blast Schools Cup High School Girls	When: 23 October Contact: Cricket ACT
Badminton ACT Inter-School Years 7/8 Competition	When: 26 October Contact: Badminton ACT
Cricket ACT Woolworths Blast Schools Cup Primary South/Weston 5/6 Boys	When: 26 October Contact: Cricket ACT
Rugby League Primary Raiders Tag North (Belconnen and North/Gungahlin)	When: 27 October Contact: Rugby League ACT
Cricket ACT Woolworths Blast Schools Cup Primary South/Weston 5/6 Girls	When: 27 October Contact: Cricket ACT
Cricket ACT Woolworths Blast Schools Cup Primary North/Gungahlin 5/6 Boys	When: 28 October Contact: Cricket ACT
VACT South High School Volleyball Day Yrs 9/10 Mixed @ Lyneham	When: 28 October Contact: Volleyball ACT



*If you would like to include information in our next bulletin, please email details to Simone Kuhlmann at School Sport ACT: [business@schoolsportact.org.au](mailto:business@schoolsportact.org.au)*

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