

SSACT Primary Region Cross Country Carnival Program

Age groups are based on the age students are turning in in this school year of competition.

All starting times are approximate, and students and Team Managers should listen to calls for each race.

Start times to be adjusted for when Carnival starts.

E.g. 1st race = 10:30am then 10th race starts at 11:50am

9.15am Volunteer Officials meet with Chief Marshal (AACT)						
9.30am Course set up finalised						
9.40am Course walk in age groups commence						
10.10am Course walks finish						
Race Number	Start time	Age Group	Gender	Distance	Laps Used	Estimated finish time for bulk of the field
1	10.30	10 (Inc. 10, 11 and 12 Competitive MC Athletes)	Boys	2 km	1 x 2km	10:37-10:41
2	10:35	10 (Inc. 10, 11 and 12 Competitive MC Athletes)	Girls	2 km	1 x 2km	10:42-10:46
3	10:50	8	Boys	1 km	1 x 1km	10:54-10:56
4	10:55	8	Girls	1 km	1 x 1km	10:59-11.01
5	11.05	12	Boys	3 km	2 x 1.5km	11.16-11.20
6	11.15	12	Girls	3 km	2 x 1.5km	11.21-11.30
7	11.30	9	Boys	1500m	1 x 1.5km	11.35-11.37
8	11.35	9	Girls	1500m	1 x 1.5km	11.40-11.42
9	11.45	11	Boys	3 km	2 x 1.5km	11.56-12.00
10	11.50	11	Girls	3 km	2 x 1.5km	12.01-12.05