**Team Selection and Qualification Criteria**

**2024 SSACT 10-12 Years Track & Field**

**Dates:** 28th November – 2nd December 2024

**Where:** [Sydney Olympic Park Athletic Centre](https://www.bing.com/maps?q=sydney+olympic+park&FORM=HDRSC7&cp=-33.848356%7E151.067741&lvl=16.0)  
 Edwin Flack Avenue, Sydney Olympic Park, New South Wales, 2127

**Nominations:**

All students that wish to be considered for selection for the ACT Team, need to **register** with **School Sport ACT (SSACT**) via the **online portal** and attend the SSACT

10-12 Years ACT Track & Field Championships. This is the only option to register.

Nominations open on 3rd September and close at 5pm on 19th September.

**NO LATE NOMINATIONS WILL BE ACCEPTED.**

**Selection Criteria:**

* Students must be turning a minimum age of ten years (10) and a maximum age of twelve years (12) by December 31st 2024. Students must compete in the correct age group.
* Students need to attend a school full-time in the ACT that is affiliated with SSACT or an ACT educational facility that caters for students with a disability.
* Team selection will be based on performances in the 2024 SSACT T&F Championships, qualifying standards and the maximum number of competitors per event in the SSA Track & Field program.
* **Finishing in FIRST, SECOND OR THIRD does NOT mean student is automatically selected. We highly recommend to nominate if you finish in the Top 3.**
* **Qualifying standards are used as a guide and selection is at selectors’ discretion.**

**Relay Teams:**

* Relay teams (competitive) - 4x100m and Medley - will be selected primarily from across the sprint runners **and** the other events to form the most competitive teams possible from available students in each age group/gender, once the whole team has been finalised.
* Other relay teams (non-competitive) will be selected from within the team after the final team has been selected and confirmed.

**Combined Event:**

* 4 events - 100m + 800m + long jump + shot put held over 2 days. Students can only compete in the combined event disciplines as a whole at the SSA Championships **OR** their original selected individual events. **They cannot do both.**
* Students need to have been selected into the team in an individual event to be considered for the combined event. Please indicate within the on-line registration process in “playing history” if you wish to nominate and be considered for the combined event. Include above event performances if not done at ACT Championships.

**Exemptions:**

The students **must** have competed in the **2024 SSACT 12&U ACT** **Track & Field Championships held on 17th September**, unless evidence can be provided to SSACT office for one of the below reasons:

* Medical reason – medical certificate to cover day of Championships.
* Participating in another School Sport ACT team/event on day of Championships.
* Participating in a school activity on the day of Championships – Letter from school/principal verifying the school activity. Allow extra time to obtain this.

**Having sufficient evidence does not guarantee selection into the team.**

This **MUST** be submitted to SSACT officeat[**info@schoolsportact.org.au**](mailto:info@schoolsportact.org.au)

by 5pm,18th September to be considered for the ACT Team.

**No late exemptions will be accepted.**

**Multi-Class (Para) Athletes:**

The selection process for multi-class athletes differs to that for able bodied athletes.

* Athletes **MUST** be classified to be selected.
* All above nomination and selection criteria is the same for **ALL** athletes.
* Separate qualifying guidelines are used.

Parents/Caregivers can email [marniegigliotti@bigpond.com](mailto:marniegigliotti@bigpond.com) for any further details relating to the qualifying standards or other queries.

**Qualifying Standards Guidelines**

**2024 School Sport ACT**

**Qualifying Standards Guidelines 2024**

**Track & Field 10-12yrs**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **10 Years Girls** | |  | **10 Years Boys** | |
| 100m | 14.60 |  | 100m | 14.10 |
| 200m | 30.60 |  | 200m | 29.00 |
| 800m | 2.42.00 |  | 800m | 2.38.00 |
| 1500m | 5.40.00 |  | 1500m | 5.25.00 |
| LJ | 3.90m |  | LJ | 4.10m |
| HJ (1.05m) | 1.15m |  | HJ (1.15m) | 1.25m |
| SP 2kg | 8.00m |  | SP 2kg | 9.30m |
| Discus 500g | 22.00m |  | Discus 500g | 28.00m |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **11 Years Girls** | |  | **11 Years Boys** | | |
| 100m | 14.00 |  | 100m | 13.80 | |
| 200m | 28.90 |  | 200m | 28.00 | |
| 800m | 2.38.00 |  | 800m | 2.27.00 | |
| 1500m | 5.35.00 |  | 1500m | 5.10.00 | |
| LJ | 4.20m |  | LJ | 4.40m | |
| HJ (1.15m) | 1.30m |  | HJ (1.25m) | 1.40m | |
| SP 2kg | 9.40m |  | SP 2kg | 11.00m | |
| Discus 750g | 25.00m |  | Discus 750g | 29.00m | |
|  |  |  |  |  | |
| **12 Years Girls** | |  | **12 Years Boys** | | |
| 100m | 13.60 |  | 100m | | 13.00 |
| 200m | 28.00 |  | 200m | | 27.00 |
| 800m | 2.33.00 |  | 800m | | 2.22.00 |
| 1500m | 5.15.00 |  | 1500m | | 5.05.00 |
| LJ | 4.40m |  | LJ | | 4.80m |
| HJ (1.20m) | 1.35m |  | HJ (1.30m) | | 1.45m |
| SP 3kg | 9.00m |  | SP 3kg | | 11.00m |
| Discus 750g | 28.00m |  | Discus 750g | | 33.00m |

\* Height in brackets indicates likely HJ start height at SSA Champs

**The registration portal will close at 5pm on 19th September.**

**NO LATE REGISTRATIONS ACCEPTED.**

**The selected team will be announced via email out to selected students, as soon as possible after the SSACT Championship.**

**24th September - Team meeting and uniform try-on Time/Venue TBC**

**27th September - $200 Deposit and Uniform order due**

**NO LATE ORDERS WILL BE ACCEPTED**

**Deposit MUST be paid to ensure your spot in the team.**